

Training Application Criteria

No matter what your experience, If you share our passion, we'll provide you with the tools and knowledge to empower businesses and individuals to change hearts and minds around the menopause. Whether you have a background in training or just a burning desire to deliver quality, evidence-based support, we're here to help you on your journey to becoming a Menopause Workplace Trainer Licensed by Henpicked.

The Henpicked Way

It's our vision to make all employers menopause friendly

Our mission is to make menopause an inclusive subject that no one is afraid or embarrassed to talk about. We commit to helping make organisations a great place to work and give employees the confidence to ask for help and support if they need it.

How we'll get there

- By instilling our **passion** into everything we do and sharing it with everyone we meet
- Through delivery of **non-biased**, **tried**, **tested and trusted** content that's pooled from **experts** in the field
- By building mutually beneficial, service-led relationships and being trusted advisors to our customers
- As professionals, we are **industry leading** in delivering **quality** menopause education

Essential Criteria

Here are some of the key attributes that we'll be looking for in our licensed trainers.

You'll be able to demonstrate:

- A passion for the topic of menopause and a genuine desire to deliver menopause in the workplace education
- A commitment the Henpicked Way
- The ability to develop detailed knowledge and understanding of menopause and its impact on individuals and within the workplace
- A positive and empathetic attitude towards individuals who are struggling with the impacts of menopausal symptoms
- The time to commit to the training and delivery of Henpicked courses
- Experience in facilitating learning, training, presenting, coaching or teaching
- The ability to formulate a delivery plan
- An understanding of the earning potential associated with becoming a Licensed Trainer
- The ability to give and receive feedback
- Resilience and capability to deal with challenging training situations
- Good interpersonal and communication skills
- Relevant IT skills (to include basic proficiency in the use of PowerPoint)



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Desirable Criteria

- Pre-existing knowledge and understanding of menopause: whether personal, professional or both.
- A training, coaching or teaching qualification e.g. PTTLS (Preparing to Teach in the Lifelong Learning Sector)